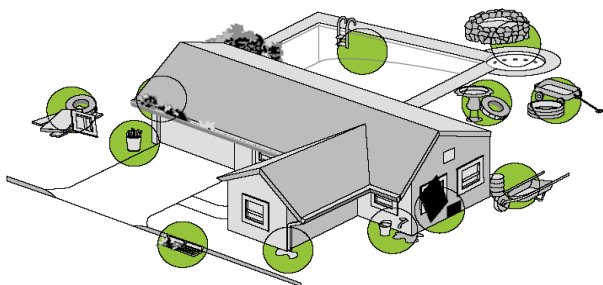
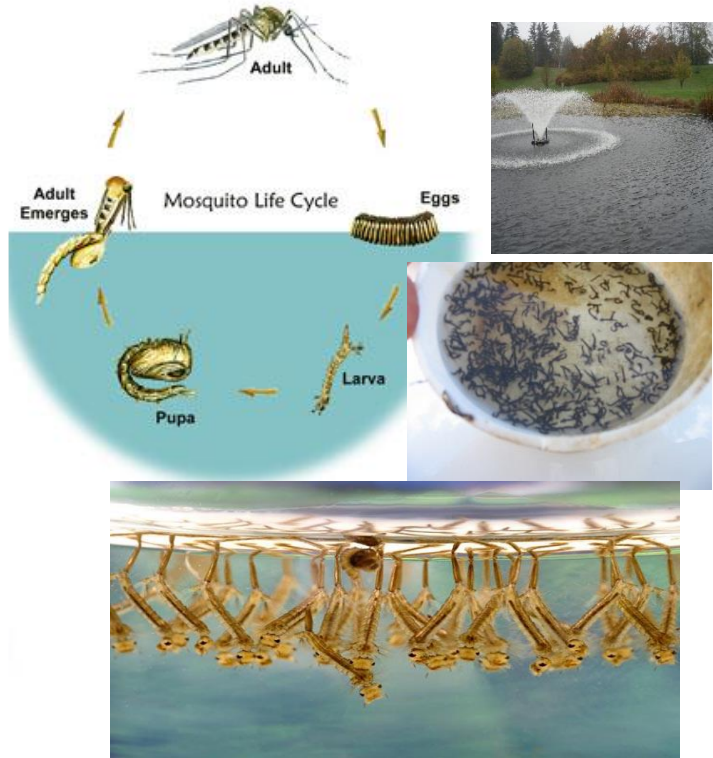


# Mosquito Life Cycle

## Breaking the Mosquito Life Cycle in your Community

Small amounts of standing water could grow your own family of mosquitos in as little as 7 to 21 days.

- ❖ Reduce or eliminate standing or stagnant water.
- ❖ Replace water in bird baths, pet bowls and livestock troughs frequently
- ❖ Empty containers (buckets, tires, toys etc.)
- ❖ Encourage flow; ponds should be moving at all times.
- ❖ Rain barrels should have screen or lid on opening to prevent egg laying
- ❖ Store objects so they do not collect rainwater



## Protecting Yourself from Adult Mosquitos:

Practice the 4 **D**'s:

- ❖ **D**rain eliminate standing water around your house
- ❖ **D**ress in light loose-fitted clothing (long sleeves and pants if possible)
- ❖ **D**awn and **D**usk; minimize outdoor activities
- ❖ Repellents containing **DEET** work best for Mosquitoes & Ticks and avoid wearing perfume
- ❖ Mosquito coils, Mosquito magnet
- ❖ Screens on all windows and doors

For more information visit:

<http://travel.gc.ca/travelling/health-safety/insect-bite>

<http://hc-sc.gc.ca>

<http://duka.consulting>



Duka Environmental Services Ltd.