

Field Trip Checklist

1. Call the EECO Centre to book a program either at Mission Creek Regional Park, a Regional Park close to you (check the [Pick-a-Park map](#)), or in the classroom.
2. Please let us know in advance of any participants with special needs.
3. Please bring enough adults for your group, we suggest 1 adult for every 10 children in Kindergarten to Grade 7.
4. Wear appropriate clothing, and bring hats, jackets, and hiking shoes.
5. Familiarize students with park rules and with the subject of the program. “Take only pictures, leave only footprints”
6. If you have questions or comments please call us at the EECO Centre (868-2768). We can help recommend resources to prepare for your field trip and customize the program to fit your class needs.